

**SREE SIDDAGANGA COLLEGE OF ARTS, SCIENCE AND COMMERCE FOR
WOMEN, B. H ROAD TUMKUR.
DEPARTMENT OF PHYSICAL EDUCATION
REPORT FOR THE ACADEMIC YEAR 2018-19**

A Healthy body is a basic component for a healthy mind, especially for students at the age of adolescence where in they mould and shape their career for the rest of their life. Physical education plays a vital role in building up a extremely perfect and disciplined combination of sharp mind with a fit body Sree Siddaganga Education Society and SSCASCW have been encouraging the students in the institution to participate in the field of sports. Our college students represent at Tumkur University, district level, state level national level in athletics and allived sports. It gives me indeed pleasure to list the achievements of the students for the year 2018-19.

On 13-07-2018, the sports advisory committee of the college under the guidance of Dr. D N Yogeewarappa Principal listed the students to participate in the sports meet at Tumkur University level. The students participate in athletic, ball badminton table tennis kabbaddi, wresthing, Volley ball, Throwball, Net ball.

The students of SSCASW participated in the Tumkur University level sports meet organized at GFGC Campus, Chikkanayakanahalli inaugurated by local MLS Sri Madhuswamy. The Students Won prizes representing the college and were a price to the Dept. of Physical Education of the College.

As per the regulations from the Govt. of Karnataka prayer in the morning was made in all GFGC Colleges. Similarly our College as per the regulation began prayer at 8.30 am in the college campus. The students from all stream participate (coming for morning Classes) in the prayer.

The students, those admitted with previous sports history are encouraged to practice from 8.30am to 4.30 pm in the evening at the outdoor students interested in indoor games like chess, carom, Table tennis, treadmill, bicycle and a fully furnished gym is available.

The Kabbadi players of the college participated in inter collegiate kabbadi championship at Tumkur university on 01-10-2018 for the year 2018-19.

With blessings of Dr. Sree Sree Sree Shivakumara Swamigalu and the president Sree Sree Siddalingaswamiji and with the guidance of the principal and the support of the staff of the college the kabbadi players won the first prize in the event.

The Kabbadi players of the college were trained by Sri Siddagangaiah , kabbadi trainer that was a contribution reason for the victory of the students.

In the year 2018-2019 the students bagged many prizes at the Tumkur University and brought pride to the College.

1	Athletics	Shortput Javeline	Ist Prize/Discuss Throw – lind II Prize
2	Chess		I st Prize
3	Wrestling		76 kg First Prize
4	Kabbaddi		Winners
5	Table tennis		Winners
6	Ball Badminton		Winners
7	Volley ball		Runners
8	Throw ball		Runners
9	Hand ball		Winners
10	Tennicoit		Winners

Our students participated at the All India Inter University level sports meet.

1	Kabbaddi	03
2	Volley ball	02
3	Wrestling	01
4	Ball badminton	02
5	Badminton	02
6	Hand ball	02
7	Chess	01
8	Atheltics	02

Inter college sports meet was organized in the college on 01-10-2018 Kabbadi Tournament for the academic year 2018-19.

The Winners participated and represented the college in All India south zone inter university sports meet

1	Kavya S M	III B.Sc	Kabbaddi
2	Divya	III BA	Kabbaddi
3	Poornima	II BA	Kabbaddi
4	Hamsa	II B.Sc	Chess
5	Vidyashree A	III BCom	Ball Badminton/Badminton
6	Geetha N	I BA	Ball Badminton
7	Tanuja B	II B.Sc	Hand Ball/Wrestling /Atheletic
8	Bhoomika	II BCom	Volley ball
9	Ranjitha H U	I B.Sc	Volley ball
10	Deepa N	II B.Sc	Handball
11	Shamantha P S	I BCom	Badminton

On this occasion, My Sincere gratitude and thanks for the immense support provided by Dr. D N Yogeeshwarappa Principal. Members of Sports advisory committee staff and non teaching staff the college for timely Co-Operation.

PRINCIPAL,
Sree Siddaganga College of Arts,
Science and Commerce for Women,
B. H. Road, TUMKUR.